

Abi (Abigail/Abishek)¹



- **49 years old**
- **Employed as a Professor**
- **Lives in São Paulo, Brazil**

Abi has always liked music. When Abi is on their way to work in the mornings, they listen to music that spans a wide variety of styles. But when they arrive at work, Abi turns it off, and begins the day by scanning all their emails first to get an overall picture before answering any of them. (This extra pass takes time but seems worth it.) Some nights Abi exercises or stretches, and sometimes plays computer puzzle games like Sudoku.

Background and skills

Abi works as a Computer Science Professor. She is, of course, comfortable with the technologies she uses regularly, but she just moved to this employer 1 week ago, and their software systems are new to her. She is currently overburdened by all the new processes and platforms she is acclimating to.

Abby has a PhD in CS, and refers to herself as a “numbers person” in her work in Human-Computer Interaction. She likes Math and uses it to analyze the data that arises in much of her work. In her free time, she also enjoys working with numbers and logic. She especially likes working out puzzles and puzzle games, either on paper or on the computer.

Motivations and Attitudes

- **Motivations:** Abi uses technologies to accomplish her tasks. She learns new technologies if and when she needs to, but prefers to use methods she is already familiar and comfortable with, to keep her focus on the tasks she cares about.
- **Computer Self-Efficacy:** Abi has lower self confidence than her peers about doing unfamiliar computing tasks. If problems arise with her technology, she often blames herself for these problems. This affects whether and how she will persevere with a task if technology problems have arisen.
- **Attitude toward Risk:** Abi’s life is a little complicated and she rarely has spare time. So she is risk averse about using unfamiliar technologies that might need her to spend extra time on them, even if the new features might be relevant. She instead performs tasks using familiar features, because they’re more predictable about what she will get from them and how much time they will take.

How Abi Works with Information and Learns:

- **Information Processing Style:** Abi tends towards a *comprehensive information processing style* when she needs to more information. So, instead of acting upon the first option that seems promising, she gathers information comprehensively to try to form a complete understanding of the problem before trying to solve it. Thus, her style is “burst-y”; first she reads a lot, then she acts on it in a batch of activity.
- **Learning: by Process vs. by Tinkering:** When learning new technology, Abi leans toward process-oriented learning, e.g., tutorials, step-by-step processes, wizards, online how-to videos, etc. She doesn't particularly like learning by tinkering with software (i.e., just trying out new features or commands to see what they do), but when she does tinker, it has positive effects on her understanding of the software.

¹For distribution data on users similar to and different from Abi, see <http://gendermag.org/> for customizable versions including customizable pronouns.